



# THE HEALTH FOUNDATION

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## Catalyst for Better Health Worldwide

Better health worldwide is the mission of The Health Foundation \* (THF). Emphasizing creative and flexible approaches, THF strives to serve as a catalyst for better health. An important element is the provision of better health through the optimization of the use of already available preventive and therapeutic resources, both in the industrialized and developing world. Although prevention remains the ultimate goal, relief of current patient suffering is critical.

### Treatment • Clinical Research • Education • Communication

THF's programs are committed to the principle that two-way communication and collaboration between the industrialized and developing world can accelerate progress toward "Health for All" (World Health Organization) and contribute to better world understanding and peace. Education, communication, and curative and preventive health care, as well as clinical and basic research, are programmatic themes.

Central to THF's efforts is the use, where medically indicated, of phenytoin, a remarkable medicine with broad clinical applications. Introduced in 1938 as an anticonvulsant, it has since been reported in the medical literature to have many other applications for the treatment of disorders ranging from anger, violence, and anxiety to cardiac arrhythmias, pain of various sorts, muscle disorders, asthma, immunological disorders and wound healing. Available worldwide, inexpensive and effective, phenytoin is well-suited to a world whose resources for health are not only strained, but often exhausted.

Currently, THF is involved in more than 70 clinical and basic science projects worldwide. Countries involved in recent or current THF phenytoin projects include Brazil, Dominican Republic, Ghana, Germany, India, Italy, Mexico, Nigeria, Pakistan, People's Republic of China, Sri Lanka, United States and the U.S.S.R. The international collaborative network based on these projects is functioning well.



**The Foundation's phenytoin library has been computerized. This database is now available for distribution in a microcomputer-based format (diskettes). In the future, this database will also be offered on CD-ROM. To obtain this FREE database, please write or call the Foundation.**

\* The Health Foundation is a charitable foundation with no financial interest in phenytoin either directly or indirectly. THF is a division of The Rogosin Institute, a major U.S. medical research and health care facility and an affiliate of Cornell University Medical College.