Complement receptor 1 in autoimmune disorders

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Complement receptor 1 (CR1) has gained much attention in recent years. The reason is manifold. Growing understanding on this protein has facilitated insight into the pathophysiology of autoimmune disorders. CR1, a polymorphic protein, is important as a complement regulatory protein, as well as a vehicle for immune complex clearance. Functional and clinical significance of CR1 polymorphism is a continuously revealing area in complement research. The levels of CR1 are altered in autoimmune disorders like rheumatoid arthritis, glomerulonephritis and systemic lupus erythematosus. This envisages CR1 as a potential prognostic marker for such diseases. Lower levels of erythrocyte CR1 are observed in patients suffering from the above diseases. This partially explains the tissue injury and inflammatory manifestations in patients suffering from these disorders. The benevolent role of CR1 in autoimmune and inflammatory disorders and propagation of disease manifestations due to its deficiency are further established with the therapeutic success of recombinant soluble CR1 in inflammatory and autoimmune disorders. This review is a brief and update account of CR1 and its importance in autoimmune disorders.

COMPLEMENT receptor 1 (CR1) has gained much attention in recent years due to the following reasons. With growing understanding of this protein, greater insight into the pathophysiology of autoimmune disorders has now been achieved. Tissue injury in these disorders, primarily is a consequence of deficient regulation of complement cascade as well as diminished clearance of immune complexes. The integrity of both these functions is determined by the status of CR1 levels to a great extent. Variation in CR1 levels and its expression has been reported in a number of autoimmune disorders like glomerulonephritis (GN) and rheumatoid arthritis (RA)^{1,2}. This endows CR1 with a potential role as a diagnostic and prognostic marker for such diseases.

CR1 is a polymorphic protein. Significance of its genomic and structural diversity is under extensive investigation. Association of CR1 polymorphism with disease is envisaged and hence CR1 genotyping and/or phenotyping may emerge as a useful tool in the risk assessment of a related disease. Most importantly, solu-

ble CR1 (sCR1) has been found to be highly effective as a therapeutic agent in the treatment of inflammatory diseases in animal models. These include myocardial infarction, myasthenia gravis and experimental allergic encephalomycelitis^{3–5}. This may hold true for different autoimmune disorders as well^{6,7}. This review puts forth a composite account of CR1 and its role in the pathophysiology, diagnosis/prognosis, risk assessment and therapy of autoimmune disorders.

Biological functions of CR1

Regulation of complement cascade

Activation of complement cascade induces production of potent effector molecules. Protein fragments like C3a, C4a and C5a, having anaphylactic and chemotactic activities with the ability to enhance elimination of foreign particles, are generated. Activation of complement cascade therefore results in inflammatory responses. Complement regulatory proteins like soluble Factor H, Cl-inhibitor, C4-binding proteins, Factor I, S-protein and membrane-bound CR1/CD35, decay accelerating (DAF/CD55), membrane factor cofactor (MCP/CD46) and homologous restriction (HRF/CD59) are involved in the containment of inflammation. Table 1 lists the diverse activities of these regulatory proteins⁸. CR1 prevents the formation of alternative pathway convertase, since the binding site for CR1 on C3b is close to that for Factor B (Figure 1 a). By binding to CR1, it inhibits the formation of classical pathway convertase in a similar fashion⁹. CR1 also serves as a cofactor for irreversible cleavage of C3b into iC3b and C3dg and C4b into C4c and C4d by Factor I (Figure 1 b). This complement inhibitory activity of CR1 occurs both when CR1 is bound and also when CR1 is present in the soluble form.

Immune complex clearance

CR1 on erythrocytes acts as a vehicle for clearance of C3b-coated immune complexes (Figure 1 c). The immune complexes altered in this way become less pathogenic¹⁰. The liver is the main site for removal of C3b-bearing immune complexes (ICs)¹¹. Kupffer cells trap immune complexes after cleavage of C3b into iC3b or

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Table 1. Regulators of complement system

Protein	Type of protein	Pathway affected	Immunologic function
C1 inhibitor	Soluble	Classical	Serine protease inhibitor: causes
			Clr ₂ s ₂ to dissociate from Clq
C4b-binding	Soluble	Classical	Blocks formation of C3 convertase
protein (C4bBP)			by binding C4b, cofactor for cleavage
			of C4b by Factor I
Factor H	Soluble	Alternative	Acts by blocking formation of C3
			convertase by binding C3b, cofactor for
			cleavage of C3b by Factor I
Complement	Membrane-bound	Classical,	Blocks formation of C3 convertase by
receptor 1 (CR1)		alternative	binding C3b, C4b, cofactor for cleav-
			age of C3b or C4b by Factor I
Membrane cofactor	Membrane-bound	Classical,	Blocks formation of C3 convertase
protein (MCP)		alternative	by binding C3b, C4b, cofactor for
			cleavage of C3b or C4b by Factor I
Decay accelerating	Membrane-bound	Classical,	Accelerates dissociation of C4b2a and
factor (DAF)		alternative	C3bBb (classical and alternative C3
			convertases)
Factor I	Soluble	Classical,	Serine protease, cleaves C4b or C3b
		alternative	using C4bBP, CR1, Factor H, DAF or
			MCP as cofactor
S-protein	Soluble	Terminal	Binds soluble C5b67 and prevents its
			insertion into cell membrane
Homologous	Membrane-bound	Terminal	Binds on autologous cells, blocking
restriction factor (HR	/		binding of C9
Membrane inhibitor	Membrane-bound	Terminal	Binds on autologous cells, blocking
of reactive lysis (MIR	L)		binding of C9

C3dg. CR1 does not have affinity for iC3b. However, CR3 and CR4 present in high density on Kupffer cells, bind iC3b. ICs that contain C3dg or C3d may also be trapped by B cells, which express CR2 receptor¹². In addition, follicular dendritic cells can trap complexes bearing iC3b and C3dg.

Phagocytosis

The CR1 expressed on the surface of phagocytic cells may bind soluble polymeric C3b, which is covalently fixed to ICs or particles and enhances their phagocytosis ¹³ (Figure 1 d). The CR1 and Fc gamma receptors cooperate for phagocytosis of targets that have been coated with sub-optimal amounts of IgG. The crosslinking of these receptors elicits a number of secondary responses in phagocytic cells. These include neosynthesis and release of arachidonic acid metabolites, stimulation of oxidative burst, release of toxic oxygen derivatives and lysosomal enzymes¹⁴.

Regulation of immune responses

The stimulation of human monocytes with C3b induces the intracellular production and extracellular release of interleukin 1 (IL-1) in serum-free conditions. It enhances the differentiation of B cells, but does not have any effect on memory responses.

Speculated role on renal podocytes

CR1 antigenic determinants have been found to be present on the surface of podocytes. Fischer *et al.*¹⁵ have demonstrated that podocyte CR1 shares the functional, antigenic and biochemical properties of erythrocyte CR1 (E-CR1). It has been speculated that the presence of CR1 on podocytes might be necessary for the inactivation of C3b in a compartment, which is otherwise devoid of complement inhibitors.

Expression of CR1

Cell surface bound expression

CR1 or C3b/C4b receptor is a single-chain integral membrane glycoprotein, differentially expressed as membrane-bound protein on erythrocytes, eosinophils, monocytes, B-lymphocytes, some T-lymphocytes, dendritic cells and kidney podocytes¹⁶. Distribution and function of CR1 on the surface of these cells are given in Table 2 (refs 17 and 18).

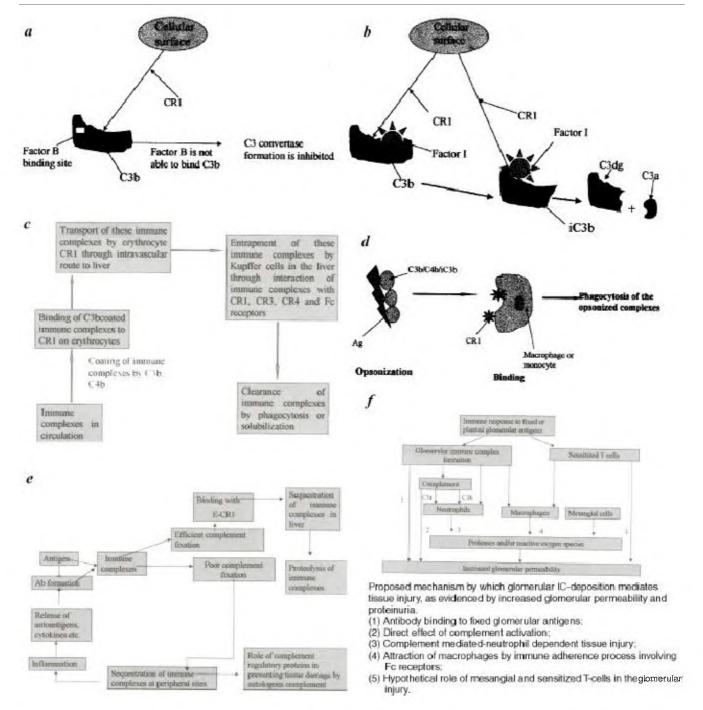


Figure 1. Function of CR1. *a*, Inhibition of alternative pathway convertase formation; *b*, Cofactor activity of CR1; *c*, Immune complex clearance by CR1; *d*, Opsonization and phagocytosis by CR1; *e*, Possible fate of immune complexes in autoimmune disorders; *f*, Proposed mechanism for tissue injury in kidney disorders manifested by immune complexes.

Soluble CR1

CR1 is also present in the plasma in a soluble form as sCR1, which is indistinguishable in size and antigenicity from E-CR1. sCR1 has been shown to be secreted by leukocytes¹⁸. CR1 also occurs in urine as urinary CR1 (u-CR1), which arises by shedding from the surface of glomerular podocytes¹⁹.

CR1 polymorphism

Human complement receptor is a single-chain glycoprotein, with complex tri- and tetra-N-linked oligosaccharides in its mature form 20,21 . It is a member of the regulators of complement activation (*RCA*) gene cluster that also includes members such as DAF and MCP. This *RCA* gene cluster is located on the q32 band of chromo-

some 1. Minor differences of 6 kDa in apparent molecular weights have been observed between CR1 isolated from erythrocytes and those isolated from neutrophils or T cells of the same individual. This might be due to differential glycosylation²⁰. A second polymorphism of CR1 is also known, which arises due to variation in molecular weight from 160 to 250 kDa. Four polymorphic forms have been identified with relative molecular weights (under non-reducing conditions) on SDS-PAGE of 160,000 (C), 190,000 (A), 220,000 (B) and 250,000 (D). The nature of CR1 allotypes and their corresponding molecular weights are shown in Table 3 (ref. 22). This polymorphism is regulated by four autosomal codominant alleles23. A and B are the most common alleles of CR1, having gene frequencies of 0.8 and 0.2. The A allotype is comprised of a 41 amino acid signal peptide, 30 short consensus repeats (SCRs) region and a 42 amino acid cytoplasmic domain²⁴. Each SCR contains 11 to 14 conserved cysteine residues, including four highly conserved cysteine residues and several hydrophobic residues²⁵. Cysteine 1 and 3 as well as 2 and 4 are disulphide-linked. This results in a triple loop structure for the SCR, which is connected in tandem by a short stretch of 4 to 5 amino acids. Twenty-eight SCRs at the 5' end are organized into four tandem long homologous repeats (LHRs) termed as A, B, C, D (Figure 2). Each contains seven SCRs encoding 405 amino acids and the sequence homology among the corresponding SCRs in each LHR ranges from 60 to 90% (refs 20, 23). Erythrocytes, which bear alleles B or D,

Table 2. Relative distribution and function of cellular CR1

Location of CR1	Average number of CR1/cell	Function on the surface of the cells
Erythrocytes	500-600	Processing and transport of immune complexes
Neutrophils	5000	Phagocytosis, endocytosis of soluble immune complexes
Monocytes/ macrophages	5000	Phagocytosis
B-Lymphocytes	20,000– 40,000	Cell activation
T-Lymphocytes	Not known	Not known
Glomerular podocytes	200,000	Trapping immune complexes

Table 3. CR1: Different structural forms

Allotype	Molecular weight reduced/ non-reduced (kDa)		
D	320/250		
B/S	290/220		
A/F	250/190		
C/F′	210/160		

are more efficient than allele A in binding immune complexes (ICSs), due to the presence of more binding sites²⁶. A third polymorphism determining the quantitative low (L) and high (H) expressions of CR1 on erythrocytes, has also been found to occur²⁷. A HindIII restriction fragment length polymorphism (RFLP) has been found to have an association with low and high expression of CR1. HindIII digestion of DNA amplified with primers specific for CRI gene yields three fragments of 1.8, 1.3 and 0.5 kb for individuals heterozygous for CR1 high-density allele, whereas 1.8 kb band indicates homozygous CR1 high-density allele²⁸. The pattern of fragments obtained after HindIII digestion of PCR-amplified CRI gene is shown in Figure 3. These polymorphisms have been found to be present at different frequencies in different individuals.

CR1 polymorphism and disease association

An overall account of CR1 polymorphism and its association with the disease is given in Table 4. A series of investigations has provided some evidence linking the polymorphism of CR1 with the pattern of disease observed in patients. One of the early studies by Van Dyne *et al.*²⁹ indicated an association between C allele of CR1 and systemic lupus erythematosus (SLE). In this study, C allele was found to occur at a frequency of 61.4% of the total CR1 in SLE patients, compared with 21.7% of the total CR1 among normal individuals. This observation indicates a possibility that a linked gene is respon-

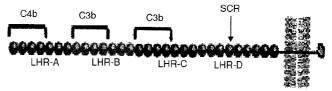


Figure 2. Molecular structure for CR1.

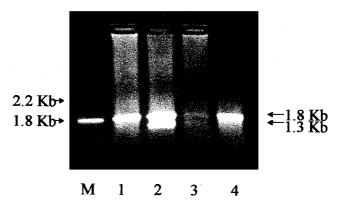


Figure 3. Genomic polymorphism for *CR1* gene. Representative photograph of the PCR-RFLP for the *CR1* gene. M, Marker; 1 and 2, Samples with intermediate expression pattern; 3, Sample with high expression of CR1.

Table 4. CRT polymorphism and discuse association				
References	Disease system for investigation	Predominant allele	Percentage in normal individuals	Percentage in patients
29	SLE	C allele	Relative expression of C allele-21.7%	Relative expression-61.4%
30	SLE	None	_	_
31	AGN	None	_	_
32	SLE	B allele	Relative expression of B allele–26%	Relative expression-51%
33	Hydralazine (Hz)- induced SLE	- None	-	_
34	RA	None	_	_

Table 4. CR1 polymorphism and disease association

SLE, Systemic lupus erythematosus; AGN, Acute glomerulonephritis; RA, Rheumatoid arthritis; None, None of the alleles showed higher frequency. Frequencies for the expression of all the alleles in patients as well as normal individuals were similar.

sible for the association between the C allele and SLE. Association between CR1 genomic polymorphism and susceptibility to SLE was disproved in a study conducted by Moulds *et al.*³⁰. They found that CR1-C is not a genetic risk factor for SLE and the frequencies of the CR1 structural alleles do not differ from race-matched healthy controls. Studies by Panchamoorthy *et al.*³¹ on acute glomerulonephritis (AGN) patients indicated similar gene frequencies for CR1 alleles in normal individuals and patients.

HindIII RFLP studies carried out in patient group also to some extent, have indicated a link between the CR1 genomic polymorphism and susceptibility to autoimmune disorders. Some other studies have indicated that differences in the number of CR1 expressed on erythrocyte surface do not predispose an individual to autoimmune disorders. A study by Cornillet et al. 32 in 1992 using HindIII polymorphism indicated that B allele is present at a higher frequency of 51% among SLE patients, compared to a frequency of 26% among controls. Mitchell et al. 33 on the other hand, found that individuals who are genotypically low expressors of E-CR1 (with homozygous expression of 6.9 kb allele) do not have increased susceptibility to hydralazine-induced SLE. Kumar et al. 34 have indicated through HindIII polymorphism that low levels of CR1 on erythrocytes in patients with RA are not inherited, rather they are acquired during the disease process.

CR1 levels: Diagnostic and prognostic implications

The complement system is a double-edged sword. It is benevolent against the autoimmune disorders by promoting phagocytosis and clearance of immune complexes from circulation. However, excessive and persistent IC load may cause unabated activation, which leads to tissue injury. Patients suffering from RA

tend to have excessive load of immune complexes, the IgG component of which is unglycosylated. This renders them incapable of binding to Fc receptors. Subsequently, abnormal complexes persist and lead to tissue injury, persistent activation of complement, chemotaxis and generation of inflammatory peptides. Under such a situation, CR1-mediated immune complex clearance is essential to control the disease manifestations

In GN patients, tissue injury is mainly caused by the deposition of immune complexes. This triggers generation of leukochromatic factors, attraction of neutrophils and inflammation followed by onset of proteinuria, hematuria and other clinical manifestations of GN. Possible fate of glomerular immune complex deposition and the proposed mechanism for tissue injury manifested by these immune complexes is shown in Figure 1 *e* and *f*.

The principle mechanisms for tissue injury in SLE appear to be the deposition of circulating immune complexes, in situ immune complex formation and production of anti-tissue antibody. Regulatory proteins like CR1 prevent excessive activation of complement cascade due to immune complex load. A reduction of CR1 in SLE, RA, kidney disorders^{1,2} on the surface of erythrocytes has been found to be responsible for ineffectiveness of the protective role of the complement system (see Table 5). Decrease in CR1 levels hampers immune complex clearance from the circulation, enhancing deposition of immune complexes in different tissues and thereby contributing to the development of autoimmune disorders. Levels of CR1 expression have been found to be very low in several disease systems, including SLE and AGN along with RA patients (Table 5). Mitchell et al. 33 found that individuals with SLE had lower mean levels of CR1 compared to normal controls. In AGN patients too, CR1 expression on erythrocytes showed a decreasing trend²⁸. Arora et al. have shown that CR1 expression on the capillary walls in glomeru-

Table 5. Relative CR1 expression in different disease systems

References	Disease system	Relative CR1 expression	Level in normal individuals	Level in patients
33	SLE	Low number of CR1 on erythrocytes	Hz SLE normal relatives 774 ± 46 Hz control-756 ± 80 Hz healthy control relatives-825 ± 65	564 ± 65
1	DPGN	Low mean fluorescence intensity of CR1 in erythrocytes	Absolute value not given	Mean fluorescence of CR1-20.6% of mean fluorescence in normal erythrocytes
2	RA	Low number of CR1 on erythrocytes	Genotypically low expressors-256 ± 73 Genotypically moderate	277 ± 65 323 ± 110
			expressors-576 ± 132 Genotypically high expressors-839 ± 171	427 ± 144
35	FSGS	Low mean fluorescence intensity of CR1 in RBCs	83.93 on normal erythrocytes	47.26
36	MCNS	No expression of CR1 on bio- psies taken from infants compared to adult patients	Not done	No expression
37	Nephro- pathy	High soluble CR1	44.68 ± 12.5 ng/ml	106.40 ± 24.34 ng/ml

SLE, Systemic lupus erythematosus; DPGN, Diffuse proliferative glomerulonephritis, RA, Rheumatoid arthritis; FSGS, Focal segmental glomerulosclerosis; MCNS, Paediatric minimal change nephrotic syndrome.

lus of lupus nephritis was reduced. In RA patients also, CR1 expression was found to be lowered². In addition, quantitation of CR1 levels on the erythrocytes of focal segmental glomerulosclerosis (FSGS) patients showed reduced expression of CR135. Anand et al.36 established an absence of CR1 expression in children suffering from minimal change nephrotic syndrome (MCNS), in contrast to normal CR1 expression on the capillary walls of adults suffering from the same disorder. Our studies on sCR1 showed increased levels of this protein in the plasma of GN patients³⁷ compared to the normals. The source of increased sCR1 may be because of increased synthesis due to complement activation in the patients, increased leukocytosis or shedding off from erythrocytes. This observation gives a fair chance to use sCR1 as a prognostic marker to assess the disease activity in these patients. Our observations also indicated a significant reduction in E-CR1 of patients suffering from different categories of lupus nephritis compared to controls. Glomerular CR1 also showed clear differences between immune complex and non-immune complex mediated diseases. Glomerular CR1 was virtually found to be absent in lupus kidneys (Asian Pacific J. Allergy Immunol., in press). Follow-up studies of E-CR1 levels were also conducted in normal controls, non-IC disorders and lupus nephritis patients. E-CR1 expression at the onset and at different times of treatment was monitored. It was observed that there is a dramatic increase in E-CR1 expression once the patients were kept on steroids and anti-inflammatory drugs. CR1 is present in the urine as u-CR1 and the source of this under normal conditions is renal podocytes. Podocytes are the only cells which express CR1 on their surface in the kidney. It is well-documented that the glomerulus is damaged in most renal diseases and as a consequence of this, CR1 from podocytes is shed off and comes in the urine. Quantitation of CR1 in normal conditions and in renal patients and its correlation with kidney biopsy results may help in follow-up of the patients, without the need to repeat painful invasive biopsy. u-CR1 therefore has a prognostic potential, which needs to be explored.

Soluble CR1 as a therapeutic agent

A knowledge of the molecular reactions elicited by CR1 and its role in the pathogenesis of many autoimmune and inflammatory diseases, has given rise to two major thrusts in complement research. The common goal for both has been the development of a means for interrupt-

Table 6. Inhibitory activity of the regulators of complement activation protein family

	Dissociation of C3 and C5 convertases		Factor I-cofactors		Restriction by
Protein	Alternative	Classical	C3b	C4b	alternative pathway activation
Factor H	Yes	No	Yes	No	Yes
C4-bp	No	Yes	No	Yes	Not applicable
DAF	Yes	Yes	No	No	Not known
MCP	No	No	Yes	Yes	Not known
CR1	Yes	Yes	Yes	Yes	No

C4-bp, C4-binding protein; DAF, Decay accelerating factor; MCP, Membrane cofactor protein; CR1, Complement receptor 1.

ing tissue injury in these diseases. Such an inhibitor might be found among the endogeneous regulatory proteins of complement, that block the enzymes that activate C3 and C5. An overview of the inhibitory activities of the RCA members is given in Table 6 (ref. 3). Among the regulators of complement activation (RCA) members, CR1 has the greatest potential for this role. It has specificity for C3b and C4b, with distinct binding sites for both proteins. CR1 also possesses a capacity for displacement of the catalytic subunits from the C3 or C5 convertases of both activating pathways, and cofactor function for the degradation of C3b and C4b by Factor I. In addition, the proteolysis of C3b and C4b releases CR1 and allows it to recycle in the inactivation process. Finally, and perhaps of critical importance, these functions of CR1 are not restricted by alternative activating surfaces, as are the inhibitory effects of Factor H³⁸. This makes the receptor especially suitable for blocking complement activation by non immunologic stimuli. CR1, however, is restricted to a few cell types and has a low plasma concentration of 0.01% of the total soluble regulatory protein. This limits its function in vivo. Interest in this field has been renewed with demonstration of the effectiveness of recombinant complement inhibitor protein in diverse animal models. So the limitation of CR1 discussed above is overcome by preparing a truncated, recombinant soluble form, lacking the transmembrane and cytoplasmic domains³. sCR1 retains the C3b- and C4b-binding function and Factor Icofactor activities of membrane-associated CR1. In addition, CR1 inhibits activities of the classical and alternate pathways in vitro, at concentrations that are 100 times less than those of serum RCA protein.

sCR1 in glomerulonephritis

Glomerulonephritis is a major cause of end-stage renal disease (ESRD) and is characterized by glomerular deposition of immunoglobulin with activation of the complement system. Anti thy-1 models of mice analogous to human diseases were taken. These animal

models resembled human diseases like IgA nephropathies, lupus nephritis and membranoproliferative GN, in which mesangial cell proliferation occurs. This proliferation has been found to occur in association with immunoglobulin and complement deposition. In animal models, sCR1 therapy showed significant reduction in mesangiolysis, platelet and macrophage infiltration and proteinuria. The con A-treated animal models of GN is similar to human lesions such as diffuse proliferative lupus nephritis and type I membranoproliferative GN. sCR1 treatment in this animal model abolished the early platelet infiltrate and neutrophil infiltration in the glomerulus. It is noteworthy that the beneficial effects have been observed at sCR1 concentrations as low as 3 mg/kg. With PHN model (membranous nephropathy in humans), sCR1 treatment significantly reduced proteinuria⁶. Promising results were seen in animal models of RA when administered with sCR1, as local complement inhibition is of greater therapeutic benefit than decomplementation^{7,39}. sCR1 therapy in animal models experimental autoimmune myasthenia (EAMG) significantly reduced weight loss and severity of clinical symptoms and retained normal muscle function⁴. Administration of recombinant sCR1 to rats subto transient myocardial ischaemia jected subsequent reperfusion, reduced the size of myocardial infarction. The suppression of tissue damage by sCR1 was by complement inhibition and it was found that sCR1 did not interfere with the healing process³. In addition, sCR1 has shown promising results in animal models of antibody-mediated demyelinating experimental allergic encephalomyelitis⁵.

Conclusion

To summarize, CR1 is a polymorphic complement regulatory protein of immense importance in the containment of immune complex and complement-mediated autoimmune injury. It has potential to serve as a marker in the diagnosis, prognosis and risk assessment of autoimmune disorders. Further, CR1 can act as a prospec-

tive candidate in the treatment of autoimmune and inflammatory disorders.

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Received 23 October 2000; revised accepted 24 May 2001